



Call us

033 346 8909/10/11

Email: reservations@ascotbushlodge.co.za

BOOK YOUR
TREATMENT

NOW

SPA PACKAGES

Back of the body for two 45min
R900

Relaxation time for two people. Focuses on the tension areas which are the back, glutes and legs.

Express treat 60 min
R700

Includes a back exfoliation, aromatherapy back massage and foot massage.

Ascot Bush Spa Experience 2hrs
R1200

Swedish massage with hot stones on the back, hand and foot exfoliation and hand and foot pressure point massage

TREATMENT ADD-ONS

Sinus drainage 15 min R100
Relieves sinus congestion

Pressure point release 15min R150
Release pressure on specific trigger points

Cupping therapy 15 min R100
Relieves tension, increase circulation and alleviates pain by using cups.

MASSAGES

Classic Swedish Massage 45 min
R 580

60 min
R 620

Aromatherapy Massage 45 min
R 600

60 min
R 650

Hot Stone Massage 45 min
R620

60 min
R 680

Deep Tissue Massage 45 min
R 680

60 min
R 720

Pregnancy Massage 45 min
R 550

Back, neck and shoulders Massage 30 min
R300

45 min
R 350

Scalp Massage 30 min
R 250

30 min
R 250

Foot Massage 30 min
R 250



*A place
to relax & unwind*